

SELF-DETERMINATION

UPDATE OCTOBER 25, 2019

Second Selection News

On October 1, 2018, DDS selected 2,500 individuals to participate in the initial implementation of the Self-Determination Program (SDP). Since then, of the 2,500 individuals selected, more than 450 have informed their regional center that at this time, they do not wish to participate in SDP. Therefore, **on November 22, 2019, DDS will select additional individuals for the SDP.** To be considered for selection, the names of individuals who have attended an SDP informational meeting must be submitted to DDS by November 15, 2019.

The updated number of openings at each regional center will be posted on the DDS website at www.dds.ca.gov before the November 22, 2019 selection. Since it is anticipated that over time more openings will occur, DDS plans on selecting more individuals than the 2,500 slots. This over selection will allow DDS to fill future openings faster.

More information about SDP informational meetings and the enrollment process is available at <https://www.dds.ca.gov/SDP/sdpEnrollment.cfm>. Individuals can make sure they are on the list of those who will be considered for selection at <https://www.dds.ca.gov/SDPVerification/index.cfm>.

Question of the Day

Q. Where can an individual find a list of services available in the Self-Determination Program (SDP)?

A. For a list and description of services that are approved in the SDP, please visit www.dds.ca.gov/SDP/docs/serviceDefinitions.pdf.



Thinking Outside the Box

Daniel is “happy to be in this new program!” He’s an active self-advocate, served by Alta California Regional Center (ACRC), who was chosen to participate in the Self-Determination Program (SDP). He recently shared his story at the Supported Life Conference in Sacramento. He told attendees that the best part so far has been figuring out who will be at his person-centered plan and what he really wants to do in the future. When asked his advice for others interested in the SDP, he said “Don’t be afraid to think outside the box. Invite people to your planning meetings who know you, who will support you. Be excited to think different.”

The Supported Life Institute offers educational and training opportunities to assist individuals and organizations in the work of improving the quality of life for people with disabilities. Read more about their annual conferences at <http://supportedlife.org/>

WANT MORE INFORMATION ABOUT SELF -DETERMINATION?

- ◆ Visit the Self-Determination Page of the DDS website at <https://www.dds.ca.gov/SDP/>
- ◆ Attend a Self-Determination Local Advisory Committee Meeting
- ◆ Contact your Regional Center or Local State Council on Developmental Disabilities (SCDD) Regional Office
- ◆ SCDD hosts a SDP Facebook page at <https://www.facebook.com/groups/CA.SDP.Forum/>