Supported Life 2nd Virtual Workshop

“Finding Balance”

July 29, 2021

Supported Life Institute

Empowering All People with Developmental Disabilities

To be Fully Included in the Community

www.supportedlife.org

Email Links for Follow-Up Questions for Speakers

And Find Additional Resources

from Keynote & Session Speakers:

Keynote - **Michael Smull,** Annapolis, MD, Partner, Support Development Associates

[michael@sdaus.com](mailto:michael@sdaus.com)

[tanya@sdaus.com](mailto:tanya@sdaus.com)

[bob@sdaus.com](mailto:bob@sdaus.com)

Resources: [www.sdaus.com](http://www.sdaus.com)

Keynote - **Nancy Bargmann,** Director, CA Dept. of Developmental Services

“Finding Balance: A Statewide Perspective”

[Info@dds.ca.gov](mailto:Info@dds.ca.gov)

Resources: [www.dds.ca.gov](http://www.dds.ca.gov)

Full Bio: <https://www.dds.ca.gov/general/news-room/director>

Featured Song Presenter -

**Peter Leidy** - Meaningful Selections on Finding Balance

[peterleidy@yahoo.com](mailto:peterleidy@yahoo.com)

Resources and CDs: [www.peterleidy.com](http://www.peterleidy.com)

Session Presenters - **Raúl Muñoz**

“I Am Enough: Loving Myself before Finding Love from Others”

Raúl Muñoz, East Los Angeles, CA

[neurodiversevoices@gmail.com](mailto:neurodiversevoices@gmail.com)

Session Presenters - **StarPointe Consulting**

“The Post Pandemic Workplace: Incorporating Mental Wellbeing & Self-Care”

Resources [www.starpointeconsulting.com](http://www.starpointeconsulting.com)

[LM@starpointeconsulting.com](mailto:LM@starpointeconsulting.com) (Letty Manzanares)

[TH@starpointeconsulting.com](mailto:TH@starpointeconsulting.com) (Tyrone Huddleston)

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